

STEP IN THE RIGHT DIRECTION

2024 07 23

© 2024 Holly Arntzen/ Jonny Williams/ Kevin Wright

SPOKEN WORD

Regenerative sustainability: Putting life at the heart of everything we do.

How do we live so that we don't harm the natural systems that sustain us?

How do we make the flow of materials circular, and minimize extraction of resources?

Did you know that oil can be reused over and over and over again?

Did you know that all tires collected in BC are recycled right here in the province?

These seem like small steps. But when a lot of people make the same small changes, they add up to a big difference.

The question is...what direction are we facing?

What is that right direction?

INTRO (Indigenous Drums / Rattles)

(A) CHORUS

Step up, step up, step in...the right direction

Step up, step up, step in...the right direction

Step up, step up, step in...the right direction

Step up, step up, step in...the right direction

(B) HALQ'EMÉYLEM

Hey-oh way-ah hey hey

Ólù ey - ts'elhí:mexósem (Really good - walking together)

Hey-oh way-ah hey hey

Xyolhmetset te xa xa temexw (caring for our sacred land)

Hey-oh way-ah hey hey

Xwelelam - ye selyólexwa (listen to our ancestors)

Hey-oh way-ah hey hey ... Hey-oh way-ah hey hey

(C) VERSE

Follow our teachers helping

Us to find the right way

Ō: xw'éywelh...siyam (good hearted respect)

Cholt ye s'ew-í-wes (all of us following our teachers)

Hakweles wiyotha (remember always)

Always remember your way

Every day we wake up

Make many choices, right or wrong

I choose kindness rippling out through my song

On and on and on

Ó xw'éywelh...siyam (good hearted respect)

SPOKEN WORD

Chaos theory: A butterfly flaps its wings in the Amazon rain forest and the weather changes half a world away.

Recycling old tires, oil and antifreeze might seem like just a butterfly wing flap when it can really be a thunderclap!!!

I believe a tiny change can affect everything
These notes we play, these words we sing
When you see that ripple effect
The results might be more than you expect.

CHORUS

Step up, step up, step in...the right direction
Step up, step up, step in...the right direction
Step up, step up, step in...the right direction
Step up, step up, step in...the right direction